

**winspear****WSP021**

AMY O ELASTIC

tracklist

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|----------------------|-------------------|
| 1. Lavender Night | 7. Patterns |
| 2. Soft Skin | 8. Cherry Blossom |
| 3. Untouchable Heart | 9. Elastic |
| 4. History Walking | 10. Spill |
| 5. Sunday Meal | 11. David |
| 6. Spacey Feeling | 12. Spinning |

release bio

It's either her second album or her ninth, depending on how you count, which means Amy O is both a new artist and a veteran. Growing up in Fayetteville, Arkansas, she taught herself to play guitar and write songs, eventually recording a series of lo-fi albums as she moved around the country for college and work. The endeavor was more about her own experience: the thrill and the discipline of making art. "Songwriting became a way for me to process things and make sense of my life. I got hooked on it emotionally."

Today, Amy's songwriting processes remains the same. 'Elastic' is an album about learning to live in your own inescapable skin—a challenge that defines not just Amy's life, but everybody's existence. Identifying that universal truth has shaped Amy into an exciting and insightful artist, one who is no longer making music for herself but is working to command whatever stage she steps onto. "I always had an aversion to being a girl onstage with a guitar singing quiet songs. There's nothing wrong with that at all, but I always knew I wanted to do something with a bit more volume, a bit more anger. I'm just now figuring out how to represent myself, and I think a lot of that has to do with feminism—learning how to be loud and take over a room, when those are things I've been socialized not to do. It's been a very powerful realization that I can do that."



release info

Catalogue Number: WSP021
Format: LP, CD, Cassette
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UPC-LP-C1: 653801784008
UPC-CD: 653801783988
UPC-CS: 653801783995

Territory Restrictions: None
Genre: Indie Pop/Rock
RIYL: Radiator Hospital, Frankie Cosmos, Girlpool
Vinyl and Cass. not returnable
Box Lot: LP(25), CD(125), CS(100)

points of interest

Follow up to 2016's **"Arrow"**

Based in **Bloomington, IN**

Stereogum says "[Lavender Night] picks apart a dreamlike insular haze"

GoldFlakePaint says "[Lavender night is] an instantly addictive start-point to the new album"

Heartbreaking Bravery calls it "Energetic, forceful, and masterfully composed"

label contact

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