

# VHS

## GIFT OF LIFE

*Gift of Life*, the first proper full-length by VHS, follows in the footsteps of their previous EPs, with the band self-recording their amalgam of Lost Sounds' trashy discontent, early Big Black's trebly guitar stabs, and Only Theatre of Pain-era Christian Death's black reverberations. These are brash and bitter territories to occupy, but the band sees no other choice for their musical direction, citing the daily grind as the impetus behind their music. The harsh reality of frontman Josh Hageman's day-to-day existence working on the periphery of the medical field played a direct role in the overall theme of the album. Those fatalistic views and medical themes are on full display on "Wheelchair," where a punk pulse underscores Hageman's harrowing description of a life lived in chronic pain with drugs serving as the only escape. The album continues on to "Hospital Room," where wiry guitar leads and ominous chords provide the soundtrack to a scene of misery and tragedy within the sanitized walls of Western medicine. Elsewhere, the themes of addiction and exposure take on more universal themes, such as on the culture-gorging lament of "Binge Everything" or the panopticon-paranoia of "Public Act." If you've ever worried that punk has gotten too antisepctic, *Gift of Life* is here to deliver the grime.

+ HOMETOWN: SEATTLE, WA.

+ FULL NORTH AMERICAN TOUR KICKS OFF IN AUGUST 2016

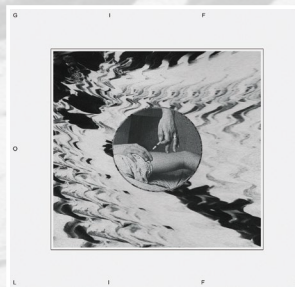
+ VIDEOS FILMED FOR "ART DECAY" AND "WHEELCHAIR"

+ LP LIMITED EDITION FIRST PRESSING OF 1000  
(500 CLEAR VINYL, 500 BLACK VINYL)

+ LP COMES W/ DL COUPON and PRINTED INNER SLEEVES

+ PRESS CAMPAIGN THROUGH RIOT ACT MEDIA

Suicide Squeeze Records  
PO Box 80511, Seattle, WA. 98108  
[www.suicidesqueeze.net](http://www.suicidesqueeze.net)



### TRACKLISTING

1. Fully Realized
2. Wheelchair
3. Hospital Room
4. Public Act
5. Crooked Echo
6. Binge Everything
7. Art Decay
8. Constant Hiss

Catalog #: SSQ145  
Street Date: June 17, 2016  
Genre: Alternative  
Format: CD/LP  
No Export Restrictions

Packaging: CD Wallet  
CD Box Lot Qty: 30  
UPC-CD: 803238014524



Packaging: Single LP  
Black vinyl color  
1xLP  
LP Box Lot Qty: 50  
UPC-LP: 803238014517  
Vinyl Non-returnable



Packaging: Single LP  
Clear vinyl color  
1xLP  
LP Box Lot Qty: 50  
UPC-LP: 803238099514  
Vinyl Non-returnable



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