

# The Men

## *Open Your Heart*



Ironically referred to by *Timeout NY* as “Thurston Moore & the E Street Band,” The Men have never been a band to play by categorical punk subgenre rules. Instead, over the last three years, this band has dabbled in everything from hardcore punk to psych to shoegaze to black metal; and they have done all of it effortlessly, and for the most part, flawlessly. Totally removed from the current climate of A.D.D.-youtube-blog-hyped generation of musicians under 21, The Men stand out from the pack as both scene elders and actual record collectors. What makes this band so unique is their ability to synthesize their influences rather than just regurgitate them.

On *Open Your Heart*, the band’s 3rd full length, the NY quartet explore twangy country music, guitar solos, surf-ish riffs, psych, and just about everything in between. Erring on the side of literal as opposed to ironic, the song titles here (“Oscillation,” “Country Song,” “Ex-Dreams,” etc.) blatantly celebrate the band’s “you get what you pay for” DIY aesthetic. Beyond their genre defying writing experiments, some of the band’s finest singles to date are on this record; “Open Your Heart,” “Please Don’t Go Away,” and “Candy” all demonstrate a new pop sensibility that previous albums only hinted at. Additionally, having four songwriters in the band lends itself to a truly unpredictable and thrilling live experience. With *Open Your Heart*, The Men embrace what is truly their calling, and flower into the fully diversified punk band their fans have always championed them for being.

### Attention! Value Adds:

- CD comes with limited edition live bonus album recorded on WFMU (while supplies last).
- LPs are hand silkscreened and come w/ digital download of entire album plus the WFMU disc.

### TRACK LISTING:

- 1 Turn It Around
- 2 Animal
- 3 Country Song
- 4 Oscillation
- 5 Please Don't Go Away
- 6 Open Your Heart
- 7 Candy
- 8 Cube
- 9 Presence
- 10 Ex-Dreams

### ADDITIONAL INFORMATION:

- *Leave Home* (SBR-057) was Mojo’s Underground Album of the Month Dec. 2011
- *Leave Home* was featured on Spin’s Best of 2011 list and a print feature is confirmed for March 2012 issue
- The Men have done 2 full us tours, 2 EU tours, and plan to be on the road all of 2012 in support of this release including stops at Primavera & London Field Day
- For fans of Hüsker Dü, The Replacements, Loop, Gram Parsons, Silver Apples

CATALOG #: SBR-071

ARTIST: The Men

TITLE: Open Your Heart

GENRE: Alternative

RELEASE DATE: 3-6-2012

AVAILABLE FORMATS: LP, CD

TERRITORY RESTRICTIONS: None

VINYL IS NOT RETURNABLE

BOX LOT: CD 30 / LP 45

LP:



6 16892 02434 7

CD:



6 16892 02424 8

LABEL CONTACT:

Sacred Bones Records

144 N 7th St #413

Brooklyn NY 11211

info@sacredbonesrecords.com

www.sacredbonesrecords.com



SC DISTRIBUTION