

# Greg Fox

## *The Gradual Progression*

*The Gradual Progression* is a transformative collection of new music by **Greg Fox**. The seven pieces of *The Gradual Progression* activate spiritual states through physical means, Fox's rigorous inner rhythms the mandalic vessel for unbound expression and arrangement. *TGP* signals both a reconciliation of disparate musical ventures and a new nirvanic stage in the artist's oeuvre.

Fox views *TGP* as an exploration of selfhood, and more specifically, the search for his true voice as an artist. Though such a journey is by nature ongoing, if not essentially elusive, the discoveries along the path are the musical riches of *TGP*. For his second solo album, Fox employs new methods of externalizing his polyrhythmic virtuosity into non-physical realms.

This transfer of energy is achieved through responsive environments tethered to various aspects of the performance. Sensors attached to Fox's drum kit trigger tonal palettes, or virtual instruments invented for each piece, which Fox communes with in the post-Free Jazz manner. That is, locating and emphasizing states of universal resonance in solo and ensemble settings in place of demonstrating individual ability.

This is where the album's canonic influences - and inventors - are most recognizable. **Pharoah Sanders'** *Elevation* and **Don Cherry's** *Organic Music Society* come to mind, though the guidance of master drummer and holistic healer **Milford Graves** ultimately made *TGP* possible. For Fox's astonishing 2014 album *Mitral Transmissions*, Graves assisted Fox in adapting software that translated output signals from biological sources to virtual instruments. For *TGP*, Fox again used percussion to initiate passages whose intensity and vibrancy match Fox's energetic presence and focus.

Adapting the 'intuitive gesture' of action painting, and other responsive means of art-making, Fox developed a musical language constructed to isolate its most emotional and felt states for exploration. The subjective themes that inspired these deep spaces of *TGP* are numerous: personal loss, self-improvement, and artistic struggle, to name a few.

Another theme, hiding in plain sight, is Fox's drumming. Years of supplying spin in collaborative bodies becomes a symbol of materiality on *TGP*, of organic animated energy seeking beyond its boundaries. Fox describes this tactile element as "sensing the emotionality and physicality of the world with the senses and through mental processes--about touching the walls of a pitch black room."

*TGP* includes contributions from musicians **Curtis Santiago**, **Michael Beharie**, **Maria Kim Grand**, and **Justin Frye**, all lending various voices through instrument and from within. Fox considers the power of Sensory Percussion, the software program developed by **Tlacaal Esparza** that helped facilitate the vision for *TGP*, unprecedented - something akin to magic.

Though *TGP* tackles technical challenges, the inspirational core is the humanist goal of social progress and its parallel pursuit of self-knowledge. Fox strives for a new musical paradigm that focuses less on his drumming and more on its untapped potential as one element in a polyphonic unity. This dissolution of the self into a wider melodic abstraction signifies Fox's real artistic accomplishment in *The Gradual Progression*, rendering percussion's dark matter as an invisible but essential element between rhythm and life.

Greg Fox's *The Gradual Progression* is available September 8, 2017 on LP, CD, and digital formats. The album artwork was conceived by **Taubha Auerbach**.

### Additional Information

- Hometown: Brooklyn, NY
- Key Markets: NYC, LA, Portland, Seattle, Chicago, Japan, London, Berlin, Hamburg, Paris
- RIYL: Don Cherry, Pharoah Sanders, Thundercat,
- Greg Fox is an American artist and drummer based in New York City
- Fox drums in groups Guardian Alien and Liturgy, creates freaked-out electronic excursions under the pseudonym GDFX, and has collaborated with the likes of Colin Stetson, Ben Frost, Hieroglyphic Being, and Zs.
- *The Gradual Progression*, Fox's second solo LP and first on RVNG Intl., follows his *Mitral Transmission* debut on Data Garden
- Fox recorded *The Gradual Progression* using Sensory Percussion, a hardware & software system that maps different parts of the drum kit to any sound, including samples, synthesizers, and digital audio effects.
- *The Gradual Progression* is Fox's first solo record to include recordings from collaborating musicians



### Track Listing

1. The Gradual Progression
2. Earth Center Possessing Stream
3. By Virtue of Emptiness
4. Catching an L
5. My House of Equalizing Predecessors
6. OPB
7. Preponderance of the Small (Bonus Track)

### Cat#

RVNGNL38

### Artist

Greg Fox

### Title

The Gradual Progression

### Genre

Courage / Community / Creation

### Release date

September 8, 2017

### Formats

LP / CD / Digital  
Vinyl Is Not Returnable

### Box Lot

LP- 50 Master Carton, 25 Inner  
CD- 120 Master Carton, 30 Inner

### RVNG Intl.

PO Box 20752  
Tompkins Sq.  
New York NY 10009

matt@igetrvng.com  
718 812 8443

### UPC

LP- 716670165771



CD- 716670165788



### Exclusively distributed by SC Distribution

t: 812 335 1572  
f: 888 678 0167

### US domestic sales contact

Shelly Westerhausen  
shelly@scdistribution.com

### International sales contact

Lauren Brown  
lauren.brown@secretlydistribution.com

