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Mirah *Understanding*

song 1: Counting (2:52)
song 2: Information (3:51)
song 3: Lake Ocean (2:45)
song 4: Lighthouse (5:10)
song 5: Blinded by the Pretty Light (3:42)
song 6: Ordinary Day (4:12)
song 7: Hot Hot (4:12)
song 8: Love Jetty (3:26)
song 9: Sundial (2:37)
song 10: Energy (5:48)

catalogue number: KLP268

Release Date: September 7, 2018

Formats: LP, CD, digital album

THIS ALBUM IS NON-RETURNABLE

LP UPC: 789856126811 CD & Digital Album UPC: 789856126828

Territory Restrictions: NONE

Box lot: LP 30, CD 40

List Price: LP \$18.98 CD \$14.98

Genre: contemporary singer songwriter



Understanding, **Mirah's** sixth full length solo record, is a conscious return to her early unconventional recording process – an embrace of spirited imperfection and rawness inclusive of rough takes, natural room sounds and a fair amount of broken equipment. Bathed in the sparkles of disco ball light, **Mirah** recorded demos with vocals, guitar, organ and percussion in a former army barracks gymnasium at The Headlands Center for the Arts where she spent four weeks as an artist in residence.

Once home in Brooklyn, **Mirah** teamed up with her frequent co-producer Eli Crews (tUnE-yArDs, The Julie Ruin, Son Lux) and invited Deerhoof's Greg Saunier to join them in the studio. The collaboration sparked new textures and ideas. Building on top of **Mirah's** vibrant original tracks they used MIDI to transform a marimba into a distorted farfisa melody, drastically lowered the pitch of vocals until they morphed into sub-bass lines and added layers of distinct timbres from Crews' extensive vintage synth collection, a mellotron and an '80s era Soviet drum machine.

Written and recorded in a time of political and personal upheaval – family illness and a death of a dear friend, all in the shadow of the 2016 presidential election and its aftermath – *Understanding* presents an even hand of political themes, love songs and introspective rallying cries. As **Mirah** explains, "We all have needs and we all have dreams. We want so much to feel love and to give to each other, to ourselves, to the world. But how does this fit in with the constant barrage of information and distraction, of truth and lies? How do we get through this rapidly fluctuating reality with a sense of resilience and empowerment?" One of the best lyricists of our generation, **Mirah** uses her sharp intellect, empathy and a measure of levity to shine a light on the world around us and the ways of our own hearts, showing us that understanding is what we all need a little more of.

Understanding is the third release on **Mirah's** own imprint, Absolute Magnitude Recordings. For promotional information contact terra@terrorbird.com; for booking inquire with nicole@groundcontrolbooking.com. LP and CD UPC below:



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