



GIRL TROUBLE

HIT IT OR QUIT IT!

Tacoma, Washington, 1988: A town where hazardous waste and pulp mill fumes smelled like a breath of fresh air, old buildings were being leveled in order to "revitalize" a dying downtown, forests and farmlands were giving way to industrial parks and shopping malls, a cultural event was wrestling at the Tacoma Dome, and **Girl Trouble** could be found practicing with their plywood speaker cabinets and a drum set purchased for \$70 from the Sears surplus store in a shed beside **Bon** and **Kahuna's** parent's house, where they still practice today.

TRACKLIST

01. Wreckin' Ball
02. Primeval
03. Hot Monkey Love
04. Riverbed
05. Hurt Your Heart
06. Old Time Religion
07. Steppin' Out
08. Follow Me Down
09. She No Rattle My Cage
10. The Skin
11. My Baby's Gone
12. Where's The Loser?
13. White Lightning
14. Shakin' All Over

RIYL: Dead Moon, The Cramps
Hometown: Tacoma, Washington

Catalog Number: KLP229

Format: LP, CD

Release Date: December 3, 2013

Boxlot: LP 50, CD 25

Genre: Rock

Packaging: LP Jackets, Jewelcases

Vinyl is Non-Returnable

This reissue of **Girl Trouble's** debut album, *Hit It Or Quit It* [KLP229], includes eleven original songs, one Northwest classic ("Steppin' Out" by Paul Revere & The Raiders), and two bonus tracks. To keep the energy level up and the over-production level down, these songs were recorded "live" with only an occasional added guitar or vocal track. With the minimal pounding of **Bon's** drums, the steady cool of **Dale** on bass, the buzzsaw scream from **Kahuna's** Ouija guitar, and the rabid rock 'n' roll stylings of **K.P. Kendall**, **Girl Trouble** continues playing throughout the Northwest, 30-plus years on.

So that's the story, kids. Use it or lose it. It's my way or the highway. Eat it or wear it. *Hit It or Quit It!*

ADDITIONAL INFORMATION

- This is the 25th anniversary reissue of Girl Trouble's 1988 debut LP, featuring two bonus tracks exclusive to this release, "White Lightning" and "Shakin' All Over."
- Hit It Or Quit It was originally a co-release between K and Sub Pop, and it was the first full-length that Sub Pop ever released.
- Girl Trouble continues playing today with the same original line-up featured on Hit It Or Quit It.

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