



FLYING NUN RECORDS

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**ZEN MANTRA –
ZEN MANTRA**

APRIL 15, 2016

CATALOGUE: FN560

FILE UNDER: INDIE, NZ, PSYCH

LP

BARCODE: 942190363186

BOX LOT: 20



World Excluding Australia + NZ

VINYL NON-RETURNABLE

TRACK LIST:

1. Will Disappear
2. Hole In My Skull
3. Dimming Son
4. Remember You At All
5. Bailey
6. Picture The Sun
7. Maybe I'll See You In My Dreams
8. Second Skin
9. Sitting At The Bottom Of The Pool
10. Looking Up At A Hundred Moons

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Dreamy, psychedelic pop songs seem to be the signature of New Zealand musician **Zen Mantra** (Sam Perry). And this, his self-titled second album, is filled with shimmering psychedelic lo-fi rock, and reverb drenched guitar melodies. Following on from his 2013 debut album '**How Many Padmes Hum**' the 10-track album sees the 21-year old bedroom producer joining the Flying Nun roster and expanding his focus to incorporate all forms of pop music from ethereal shoegaze to walls of psychedelic distortion.

Perry, who is also a member of **Yumi Zouma**, wrote much and recorded much of it by himself in various planes, trains, homes and hotel rooms around the world whilst on tour with them.

"In the end I wanted to make something that felt like a pop record, but with an underlying sense of dissonance." Perry explains. "Something that for most part is quite energetic and rhythm heavy, but without forgoing any atmospheric qualities."

While to represent the album's darker emotional themes, Perry would warp the essentially 'pop' songs to instill a little more discomfort in the listener.

With much of the album's inspiration coming from German 1960s/70s psych acts and UK acts like **Felt** and **Spaceman 3** (fun fact: the name Zen Mantra was taken from some of Sonic Boom's liner notes), **Zen Mantra** has a pure pop energy, an expansive sound and plenty of hooks.

Yet it's not all warm and blissful, with the album's darker, emotional themes at times brilliantly warping these 'pop' songs. Leaving the listener with the slight sense of unease, like a sad psych pop record found lying in the sun.

"Sam Perry brings to mind everything that made Gross Magic so exciting a few years ago, his songs are riff-laden beats packed with asthmatic choruses"

- NME Magazine

"The lo-fi, kaleidoscopic scene out in Australasia is booming. Zen Mantra.....is the latest enrollment into the continents already stellar alumni."

- VICE magazine (UK)