

## CT-200

- 1. Nausea
- 2. Komorebi
- 3. Changing Faces
- 4. Instrumental
- 5. Dwindle
- 6 Twirl
- 7. Laughing for My Life
- 8. First Snow
- 9. Breaking the Angle Against the Tide
- 10. If I Could
- 11. Still Fields (October 10, 198

LP UPC: 817949019723



LP FORMAT: LP + MP3s LP BOXLOT: 45 **EXPORT: WORLD** VINYL NON-RETURNABLE

CD UPC: 817949019730



CD FORMAT: JEWEL CASE CD BOXLOT: 30 **EXPORT: WORLD** 

## CRAFT SPELLS NAUSEA

• Hometown:: Seattle, San Francisco/Bay Area • Northeast and Northwest tours being planned, including Northside Festival National college and specialty radio campaign via AAM

After a dormant period following the release of the Gallery EP in 2012, Craft Spells' Justin Vallesteros is back with the gargeously ambitious Nausea. It's Craft Spells' second proper full length LP, and first since 2010's critically acclaimed Idle Labor.

Since last on the radar, Justin moved to San Francisco to find a niche in the Bay Area music scene. This proved difficult within the regarded garage rock scene and insular DJ night crowds currently dominating the area's music community. Here, Justin fell into a slump, creatively. With a severe bout of writer's block he retreated to his parent's house in Lathrop, CA. Away from the city, he put down his guitar for a full year in favor of properly training himself on piano, the instrument from which all the tracks for Nausea were written.

> RELEASE DATE: JUNE 10, 2014 GENRE: INDIE/AITERNATIVE/DREAM POP

The demos came together in early 2014 and Vallesteros flew to Seattle to produce and record the LP, full of ideas and a new found maturity in both songwriting and recording sophistication. Within the first few seconds of lead single "Breaking the Angle Against the Tide" we know we're not listening to the same Craft Spells anymore. This is a bold, beautiful and lush new sound emphasizing the songwriting abilities Vallesteros always had. An album highlighted by loads of piano, real strings and acoustic guitar, this change is like the color coming alive in the Wizard of Oz. The beautiful "Komorebi" with it's piano chord progression and sorrowful string accompaniment emphasizes this newfound maturity and confidence as a writer that is the next logical step in Craft Spells' career.

Nausea could easily have been a record rife with indecision and anxiety. But like the song for which the album is named, Craft Spells was able to turn the chaos and disillusionment into a work that provides ammo against that very thing, with beauty, vision and melody.



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